

# Grateful Plate Menu: JANUARY 2021



## JANUARY

Snacks, sides, drinks, smoothies and yogurt parfaits also available!

Chicken Tenders and GF Tenders served daily

## Extras

- Large Salad, varies weekly
- Bistro Box, varies weekly
- Sub or Wrap, varies weekly
- Sunbutter and Jelly Sandwich
- Snack, varies weekly

MON	TUE	WED	THU	FRI
<p><b>4</b></p> <p><b>NO SCHOOL</b></p> <p>Weekly wrap: Greek Chicken Weekly salad: Chicken Caesar/Garden Weekly Bistro: Yogurt and Fruit Snack: Carrots &amp; Hummus</p>	<p><b>5</b></p> <p>Pepperoni and Cheese Sticks with Marinara GF Pasta with Marinara</p>	<p><b>6</b></p> <p>Baked Potato Bar!</p>	<p><b>7</b></p> <p>Pizza Day! GF Pizza GF Chicken Tenders</p>	<p><b>8</b></p> <p>Spinach and Ricotta Pasta GF Spinach and Ricotta Pasta</p>
<p><b>11</b></p> <p>Waffles and Sausage GF Waffles and Sausage</p> <p>Weekly Sub: Italian Weekly Salad: BLT/ Garden Weekly Bistro: Deli Snack: Chips &amp; Guacamole</p>	<p><b>12</b></p> <p>Ham and Cheese Sliders Gf Chicken Tenders</p>	<p><b>13</b></p> <p>Pasta Bar! GF Pasta Bar</p>	<p><b>14</b></p> <p>Pizza Day! GF Pizza GF Chicken Tenders</p>	<p><b>15</b></p> <p>Chicken Mash Bowl GF Chicken Mash Bowl</p>
<p><b>18</b></p> <p>Martin Luther King Jr. Day! <b>NO SCHOOL</b></p> <p>Weekly wrap: Chicken Caesar Wrap Weekly salad: Fiesta/Garden Weekly Bistro: Hummus Snack: Cucumbers &amp; Hummus</p>	<p><b>19</b></p> <p>Chicken Teriyaki with Rice (GF)</p>	<p><b>20</b></p> <p>Grilled Cheese with or without Tomato Soup</p>	<p><b>21</b></p> <p>Pizza Day! GF Pizza GF Chicken Tenders</p>	<p><b>22</b></p> <p>Beef Nacho Bar!</p>
<p><b>25</b></p> <p>Pancakes w/ or w/out Bacon Gf Waffle w/ or w/out Bacon</p> <p>Weekly Sub: Egg Salad or Ham and Cheese Weekly Salad: Chef/Garden Weekly Bistro: Protein Snack: Carrots and Ranch</p>	<p><b>26</b></p> <p>Chicken Alfredo Pasta Gf Chicken Alfredo Pasta</p>	<p><b>27</b></p> <p>Burger or Cheeseburger Veggie Burger GF Bun</p>	<p><b>28</b></p> <p>Pizza Day! GF Pizza GF Chicken Tenders</p>	<p><b>29</b></p> <p>Chicken Sliders</p>
<p><b>FEB 1</b></p> <p>Cheese Sticks with Marinara GF Pasta with Marinara</p> <p>Weekly Wrap: Fiesta Chicken Weekly salad: Chicken Caesar/Garden Weekly Bistro: Nacho Snack: Chips &amp; Salsa</p>	<p><b>FEB 2</b></p> <p>Mac and Cheese w/ or w/out Meatballs GF Mac and Cheese w/ or w/out Meatballs</p>	<p><b>FEB 3</b></p> <p>Baked Potato Bar!</p>	<p><b>FEB 4</b></p> <p>Pizza Day! GF Pizza GF Chicken Tenders</p>	<p><b>FEB 5</b></p> <p>Ham and Cheese Sliders</p>